

# Journey Map for someone who has been exposed to COVID-19

#### YOU HAVE BEEN EXPOSED TO COVID-19

If someone you have been in close contact with has COVID-19, the health department may contact you to let you know that you may have been exposed to the virus

## Sara Alert™

The health department enrolls you in Sara Alert™ so that they can monitor you for COVID-19 symptoms while you are in quarantine



#### QUARANTINE

The health department will ask you to stay at home, away from other people to prevent the spread of the virus to others

#### **TESTING AND CARE**

Your health department will continue to monitor your condition and share information with you on how to prevent the spread of the virus to others. You will continue to submit daily self-reports until you have recovered



#### YOU BECOME SICK

You don't feel well and report symptoms of COVID-19 in your daily self-report. The health department contacts you and refers you to your healthcare provider or a testing site



#### SECURE DATABASE

The information is stored and protected in a secure database that can only be seen by your local health department



#### **DAILY SELF-REPORT**

Sara Alert™ sends out a daily self-report with a checklist of symptoms for COVID-19 via email, text or phone call. You simply check which symptoms you are having or if you have none of the symptoms



### **YOU ARE WELL AGAIN!**

Your health department will close your case and you will no longer need to send daily self-reports. Your information will be deleted from the Sara Alert™ system



#### **NO SYMPTOMS**

If you do not develop COVID-19 symptoms after 14 days, the health department will close your case and you will no longer need to send daily self-reports. Your information will be deleted from the Sara Alert™ system