

Use these short scripts to help Sara Alert™ monitorees get started with daily symptom reports.

If you get your daily reminder by text and you report symptoms by text:

- Each day you'll get a text from **(844) 957-2721**. This is the **only** number for Sara Alert.
- The text comes in the 4-hour contact time you chose when you signed up.
- The text includes a list of COVID-19 symptoms.
 - ✓ If you've had any symptoms (even one) since your last report, reply **Yes**.
 - ✓ If you haven't had any symptoms, reply **No**.



If you get your daily reminder by text with a link to a web page:

- Each day you'll get a text from **(844) 957-2721**. This is the **only** number for Sara Alert.
- The text comes in the 4-hour contact time you chose when you signed up.
- The text includes a link to a web page where you report your symptoms.

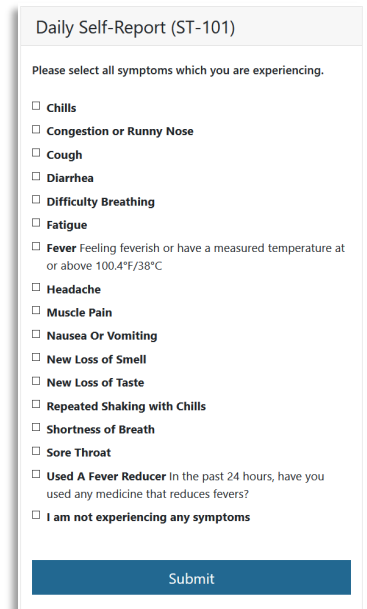
In the text:

- ✓ Click the link. It starts with:

Please complete the Sara Alert Daily Report for ST-101:
<https://sara.public.saraalert.org...>

On the web page:

- ✓ If you've had any symptoms since your last report, check it in the list. Check each symptom you've had.
- ✓ If you haven't had any symptoms, check: **I am not experiencing any symptoms**.
- ✓ Click **Submit**.



If you get your daily reminder by voice call:

- Each day you'll get a call from **(844) 957-2721**. This is the **only** number for Sara Alert.
- The call comes in the 4-hour contact time you chose when you signed up. If you miss or don't answer the call, you'll get called again.

When you answer the call:

You'll hear an automated voice (like a robocall). The voice reads a list of COVID-19 symptoms and asks if you've had any since your last report.

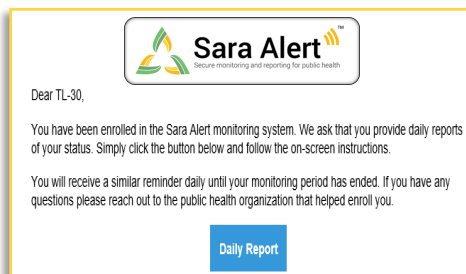
- ✓ If you've had any symptoms (even one), say **Yes**.
- ✓ If you haven't had any symptoms, say **No**.

If you get your daily reminder by email:

- Each day you'll get an email with a link to a web page where you report your symptoms.
- The email comes from notifications@saraalert.org. Sara Alert emails come **only** from this address.

In the email:

- Click the **Daily Report** button. (If you hover over the daily report button, the link will start with <https://sara.public.saraalert.org>)



On the web page:

- If you've had symptoms since your last report, check it in the list. Check each symptom you've had.
- If you haven't had any symptoms, check: **I am not experiencing any symptoms**.
- Click **Submit**.