

Use these short scripts to help Sara Alert[™] monitorees get started with daily symptom reports.

If you get your daily reminder by text and you report symptoms by text:

- Each day you'll get a text from (844) 957-2721. This is the only number for Sara Alert.
- The text comes in the 4-hour contact time you chose when you signed up.
- The text includes a list of COVID-19 symptoms.
- ✓ If you've had any symptoms (even one) since your last report, reply Yes.
- ✓ If you haven't had any symptoms, reply No.

If you get your daily reminder by voice call:

- Each day you'll get a call from from (844) 957-2721. This is the only number for Sara Alert.
- The call comes in the 4-hour contact time you chose when you signed up. If you miss or don't answer the call, you'll get called again.

When you answer the call:

You'll hear an automated voice (like a robocall). The voice reads a list of COVID-19 symptoms and asks if you've had any since your last report.

- ✓ If you've had any symptoms (even one), say Yes.
- ✓ If you haven't had any symptoms, say **No.**

< Text Message Today 3:03 PM This is the Sara Alert daily report for: JL-60. Is this person experiencing any of the following symptoms: Cough, Difficulty Breathing, Fever, Chills, Repeated Shaking with Chills, Muscle Pain, Headache, Sore Throat,

New Loss of Taste or Smell, Please

reply with "Yes" or "No"

- \checkmark If you've had any symptoms since your last report, check it in the list. Check each symptom you've had.
- ✓ If you haven't had any symptoms, check: I am not experiencing any symptoms.

If you get your daily reminder by text with a link to a web page:

- Each day you'll get a text from (844) 957-2721. This is the only number for Sara Alert.
- The text comes in the 4-hour contact time you chose when you signed up.
- The text includes a link to a web page where you report your symptoms.

In the text:

✓ Click the link. It starts with: -

Please complete the Sara Alert Daily Report for ST-101: https://sara.public.saraalert.o rg ...

On the web page:

- ✓ Click Submit.

Please select all symptoms which you are experiencing.

Daily Self-Report (ST-101)

Chills Conges on or Runny Nose Cough Diarrhea Difficulty Breathing Fatigue □ Fever Feeling feverish or have a measured temperature at or above 100.4°F/38°C Headache Muscle Pain Nausea Or Vomiting New Loss of Smell New Loss of Taste Repeated Shaking with Chills Shortness of Breath Sore Throat Used A Fever Reducer In the past 24 hours, have you used any medicine that reduces fevers?

- I am not experiencing any symptom

Submit

If you get your daily reminder by email:

- Each day you'll get an email with a link to a web page where you report your symptoms.
- The email comes from notifications@saraalert.org. Sara Alert emails come only from this address.
- In the email:
- Click the **Daily Report** button. (If you hover over the daily report button, the link will start with https://sara.public.saraalert.org)



You have been enrolled in the Sara Alert monitoring system. We ask that you provide daily reports of your status. Simply click the button below and follow the on-screen instructions.

You will receive a similar reminder daily until your monitoring period has ended. If you have any questions please reach out to the public health organization that helped enroll you



On the web page:

- If you've had symptoms since your last report, check it in the list. Check each symptom you've had.
- ٠ If you haven't had any symptoms, check: I am not experiencing any symptoms.

SOLVING PROBLEMS

FOR A SAFER WORLD

Click Submit. ٠

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